

Let Your Voice Be Heard

Tuesday, July 27 6:00 - 8:00 PM

UNDERSTANDING

Substance Use

Guided discussion on relationship of self (or seen with others) with tobacco, marijuana, nitric oxide, alcohol, other drugs. Tuesday, August 24 6:00 - 8:00 PM

HEALTHY HOME

Environments

What is needed to get here? Guided discussion on feelings and thoughts around in-home physical, emotional health and safety.

Tuesday, September 21 6:00 - 8:00 PM

IMPACT OF COVID-19

Self-Isolation & Community

Guided discussion on the effects felt, increased substance use and post-isolation impacts.

EACH SESSION WILL BE HELD AT THE COMMUNITY GARDEN AND VIA ZOOM. Parents, residents, youth and all Tribal Members are invited.

These discussions will guide the HHS Department's design of future youth and community programs. Participants will leave with a better understanding of each topic. Light refreshments served for those that attend in person.

No Registration Necessary to Attend in Person. To Receive the zoom link visit www.cv-response.com

*Questions?** Contact Jessica Fitzgerald or Sergio Arreguin at (707) 485-8723.



